REPTON
AL BARSHA

Stay Home if Unwell

DOCUMENT CONTROL			
Document title	Stay Home if Unwell	**Reference**	RAB-MED-029
Owner	School Nurse	**Approved by**	Principal, on behalf of SLT
Date reviewed	August 2026	**Next review**	August 2027
Status	Guidance — parent- and staff-facing	**Applies to**	All pupils, parents and staff
Related documents	Infection Control Policy; Isolation Policy; Staff Sickness Whilst at School Procedure; Attendance, Punctuality, Absence and Late Collection Policy		
Regulatory framework	Dubai Health Authority standards for clinics in educational and academic settings; KHDA regulations		

Introduction

The Repton family of schools is committed to providing the highest standard of healthcare within all its schools. To reduce the spread of infection among pupils, colleagues and close family members, standard infection control precautions must be observed. These are:

- High standards of personal hygiene and practice, particularly handwashing.
- Maintaining a clean environment.
- Staying at home if unwell.

Pupil Sickness

To reduce the spread of infection within school and to close family members, please monitor your child for any symptoms of illness and follow the Infection Control Policy. Please do not send your child to school if they have any of the following symptoms:

- Fever of 37.5°C or above. Please ensure your child is free of fever without medication for 24 hours before returning to school.
- Diarrhoea — 24 hours after the last episode.
- Vomiting — 24 hours after the last episode.
- Nausea.
- Persistent or dry cough.
- Heavy nasal discharge.
- Sore throat.
- Red, watery eyes.
- Rash.
- Shortness of breath.
- Body aches and fatigue.

Please consider keeping your child at home if they are particularly tired.

Please cover all open wounds or sores that have any discharge with a clean dressing, and seek medical attention if wounds become infected.

If a pupil develops any of the above symptoms, they will be referred to the medical team for further screening in accordance with DHA standards and guidelines. You will be contacted to collect your child if they have any of the above symptoms, or if the medical team considers that your child is unwell.

Issuing of School Work

If a child is absent from school because of illness, the school does not send homework, reading books or other materials to complete at home. This allows the child time to recover and avoids undue exertion. On returning to school, teachers ensure that key learning is covered so that the child can catch up. Teachers may, at their discretion, send some additional work over a weekend to cover loss of learning.

Staff Sickness

If a member of the teaching or support staff becomes unwell at home, they are advised not to report for duty and to remain at home. They should inform their line manager of the absence.

If a member of the teaching or support staff becomes unwell during the school day, the procedure set out in RAB-MED-026 Staff Sickness Whilst at School applies.

References

1. Centres for Disease Control and Prevention — Stay Home When You Are Sick.

Approval and Review

This document is reviewed annually. The review dates recorded in the document control box above are the authoritative record.