



The Ministry of Education – Banned Food Items

The Ministry of Education has published a list of foods banned from being sold in all school canteens in UAE.

Nine food categories were identified as having detrimental health effects on students.

The list has been distributed to schools across the nation and comprises the following items:

1. Hot dogs and processed meats
2. Instant noodles, as a result of its high fat and sodium content and artificial flavours
3. Chocolate bars, both with and without nuts
4. Chocolate spread, for its high fat and sugar content and artificial flavours
5. Sweets, lollipops and jelly
6. All peanut products, to avoid allergic reactions
7. All potato chips and corn chips
8. Carbonated drinks (including energy drinks), flavoured water, juice, iced teas, slushies and eskimo drinks
9. All cream cakes and doughnuts for their high fat and sugar content and artificial colours

Many of these items are already banned or restricted at Repton Al Barsha but we thought it was important to re-share this information with you.

We ask for your help to ensure students do not bring these types of food into school.

REPTON AL BARSHA

P.O. Box 391984 • Al Barsha • Dubai • United Arab Emirates
+97148188600 • info@reptonalbarsha.org • www.reptonalbarsha.org